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VA MEDICAL CENTER TOMAH, WI CONSTRUCT EMS WASH DOWN ROOM B403

VA PROJECT: 676-13-121

SECTION 23 07 11 HVAC AND BOILER PLANT INSULATION

PART 1 - GENERAL

1.1 DESCRIPTION

- A. Field applied insulation for thermal efficiency and condensation control for
 - 1. HVAC piping, ductwork and equipment.

B. Definitions

- 1. ASJ: All service jacket, white finish facing or jacket.
- 2. Air conditioned space: Space having air temperature and/or humidity controlled by mechanical equipment.
- 3. Cold: Equipment, ductwork or piping handling media at design temperature of 16 degrees C (60 degrees F) or below.
- 4. Concealed: Ductwork and piping above ceilings and in chases, interstitial space, and pipe spaces.
- 5. Exposed: Piping, ductwork, and equipment exposed to view in finished areas including mechanical/janitor. Shafts, chases, unfinished attics, crawl spaces and pipe basements are not considered finished areas.
- 6. FSK: Foil-scrim-kraft facing.
- 7. Hot: HVAC Ductwork handling air at design temperature above 16 degrees C (60 degrees F); HVAC equipment or piping handling media above 41 degrees C (105 degrees F).
- 8. Density: kg/m^3 kilograms per cubic meter (Pcf pounds per cubic foot).
- 9. Runouts: Branch pipe connections up to 25-mm (one-inch) nominal size to fan coil units or reheat coils for terminal units.
- 10. Thermal conductance: Heat flow rate through materials.
 - a. Flat surface: Watt per square meter (BTU per hour per square foot).
 - b. Pipe or Cylinder: Watt per square meter (BTU per hour per linear foot).
- 11. Thermal Conductivity (k): Watt per meter, per degree C (BTU per inch thickness, per hour, per square foot, per degree F temperature difference).
- 12. Vapor Retarder (Vapor Barrier): A material which retards the transmission (migration) of water vapor. Performance of the vapor

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retarder is rated in terms of permeance (perms). For the purpose of this specification, vapor retarders shall have a maximum published permeance of 0.1 perms and vapor barriers shall have a maximum published permeance of 0.001 perms.

- 13. HPS: High pressure steam (415 kPa [60 psig] and above).
- 14. HPR: High pressure steam condensate return.
- 15. MPS: Medium pressure steam (110 kPa [16 psig] thru 414 kPa [59 psig].
- 16. MPR: Medium pressure steam condensate return.
- 17. LPS: Low pressure steam (103 kPa [15 psig] and below).
- 18. LPR: Low pressure steam condensate gravity return.
- 19. HWH: Hot water heating supply.
- 20. HWHR: Hot water heating return.
- 21. CW: Cold water.
- 22. SW: Soft water.
- 23. HW: Hot water.
- 24. CH: Chilled water supply.
- 25. CHR: Chilled water return.

1.2 RELATED WORK

- A. Section 23 05 11, COMMON WORK RESULTS FOR HVAC: General mechanical requirements and items, which are common to more than one section of Division 23.
- B. Section 23 05 41, NOISE AND VIBRATION CONTROL FOR HVAC PIPING and EQUIPMENT
- C. Section 23 21 13, HYDRONIC PIPING: Hot water, chilled water, and glycol piping.
- D. Section 23 31 00, HVAC DUCTS AND CASINGS: Ductwork, plenum and fittings.

1.3 QUALITY ASSURANCE

- A. Refer to article QUALITY ASSURANCE, in Section 23 05 11, COMMON WORK RESULTS FOR HVAC.
- B. Criteria:
 - 1. Comply with NFPA 90A, particularly paragraphs 4.3.3.1 through 4.3.3.6, 4.3.10.2.6, and 5.4.6.4, parts of which are quoted as follows:
 - **4.3.3.1** Pipe insulation and coverings, duct coverings, duct linings, vapor retarder facings, adhesives, fasteners, tapes, and supplementary materials added to air ducts, plenums, panels, and

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duct silencers used in duct systems, unless otherwise provided for in 4.3.3.1.1 or 4.3.3.1.2, shall have, in the form in which they are used, a maximum flame spread index of 25 without evidence of continued progressive combustion and a maximum smoke developed index of 50 when tested in accordance with NFPA 255, Standard Method of Test of Surface Burning Characteristics of Building Materials.

- **4.3.3.1.1** Where these products are to be applied with adhesives, they shall be tested with such adhesives applied, or the adhesives used shall have a maximum flame spread index of 25 and a maximum smoke developed index of 50 when in the final dry state. (See 4.2.4.2.)
- **4.3.3.1.2** The flame spread and smoke developed index requirements of $\frac{4.3.3.1.1}{4.3.3.1.1}$ shall not apply to air duct weatherproof coverings where they are located entirely outside of a building, do not penetrate a wall or roof, and do not create an exposure hazard.
- 4.3.3.2 Closure systems for use with rigid and flexible air ducts tested in accordance with UL 181, Standard for Safety Factory-Made Air Ducts and Air Connectors, shall have been tested, listed, and used in accordance with the conditions of their listings, in accordance with one of the following:
- (1) UL 181A, Standard for Safety Closure Systems for Use with Rigid Air Ducts and Air Connectors $\left(\frac{1}{2} \right)$
- (2) UL 181B, Standard for Safety Closure Systems for Use with Flexible Air Ducts and Air Connectors
- 4.3.3.3 Air duct, panel, and plenum coverings and linings, and pipe insulation and coverings shall not flame, glow, smolder, or smoke when tested in accordance with a similar test for pipe covering, ASTM C 411, Standard Test Method for Hot-Surface Performance of High-Temperature Thermal Insulation, at the temperature to which they are exposed in service.
- 4.3.3.3.1 In no case shall the test temperature be below 121°C (250°F).
- 4.3.3.4 Air duct coverings shall not extend through walls or floors that are required to be fire stopped or required to have a fire resistance rating, unless such coverings meet the requirements of 5.4.6.4.
- 4.3.3.5* Air duct linings shall be interrupted at fire dampers to prevent interference with the operation of devices.
- 4.3.3.6 Air duct coverings shall not be installed so as to conceal or prevent the use of any service opening.
- 4.3.10.2.6 Materials exposed to the airflow shall be noncombustible or limited combustible and have a maximum smoke developed index of 50 or comply with the following.
- 4.3.10.2.6.1 Electrical wires and cables and optical fiber cables shall be listed as noncombustible or limited combustible and have a maximum smoke developed index of 50 or shall be listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a maximum flame spread distance of 1.5 m (5 ft) or less when tested in accordance

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with NFPA 262, Standard Method of Test for Flame Travel and Smoke of Wires and Cables for Use in Air-Handling Spaces.

- 4.3.10.2.6.4 Optical-fiber and communication raceways shall be listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a maximum flame spread distance of 1.5 m (5 ft) or less when tested in accordance with UL 2024, Standard for Safety Optical-Fiber Cable Raceway.
- 4.3.10.2.6.6 Supplementary materials for air distribution systems shall be permitted when complying with the provisions of 4.3.3.
- 5.4.6.4 Where air ducts pass through walls, floors, or partitions that are required to have a fire resistance rating and where fire dampers are not required, the opening in the construction around the air duct shall be as follows:
- (1) Not exceeding a $25.4 \ \mathrm{mm}$ (1 in.) average clearance on all sides
- (2) Filled solid with an approved material capable of preventing the passage of flame and hot gases sufficient to ignite cotton waste when subjected to the time-temperature fire conditions required for fire barrier penetration as specified in NFPA 251, Standard Methods of Tests of Fire Endurance of Building Construction and Materials
- 2. Test methods: ASTM E84, UL 723, or NFPA 255.
- 3. Specified k factors are at 24 degrees C (75 degrees F) mean temperature unless stated otherwise. Where optional thermal insulation material is used, select thickness to provide thermal conductance no greater than that for the specified material. For pipe, use insulation manufacturer's published heat flow tables. For domestic hot water supply and return, run out insulation and condensation control insulation, no thickness adjustment need be made.
- 4. All materials shall be compatible and suitable for service temperature, and shall not contribute to corrosion or otherwise attack surface to which applied in either the wet or dry state.
- C. Every package or standard container of insulation or accessories delivered to the job site for use must have a manufacturer's stamp or label giving the name of the manufacturer and description of the material.

1.4 SUBMITTALS

- A. Submit in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA, and SAMPLES.
- B. Shop Drawings:

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- 1. All information, clearly presented, shall be included to determine compliance with drawings and specifications and ASTM, federal and military specifications.
 - a. Insulation materials: Specify each type used and state surface burning characteristics.
 - b. Insulation facings and jackets: Each type used. Make it clear that white finish will be furnished for exposed ductwork, casings and equipment.
 - c. Insulation accessory materials: Each type used.
 - d. Manufacturer's installation and fitting fabrication instructions for flexible unicellular insulation.
 - e. Make reference to applicable specification paragraph numbers for coordination.

C. Samples:

- Each type of insulation: Minimum size 100 mm (4 inches) square for board/block/ blanket; 150 mm (6 inches) long, full diameter for round types.
- 2. Each type of facing and jacket: Minimum size 100 mm (4 inches square).
- 3. Each accessory material: Minimum 120 ML (4 ounce) liquid container or 120 gram (4 ounce) dry weight for adhesives, cement, and mastic.

1.5 STORAGE AND HANDLING OF MATERIAL

Store materials in clean and dry environment, pipe covering jackets shall be clean and unmarred. Place adhesives in original containers. Maintain ambient temperatures and conditions as required by printed instructions of manufacturers of adhesives, mastics and finishing cements.

1.6 APPLICABLE PUBLICATIONS

- A. The publications listed below form a part of this specification to the extent referenced. The publications are referenced in the text by basic designation only.
- B. Federal Specifications (Fed. Spec.):
 - L-P-535E (2) 99......Plastic Sheet (Sheeting): Plastic Strip; Poly (Vinyl Chloride) and Poly (Vinyl Chloride Vinyl Acetate), Rigid.
- C. Military Specifications (Mil. Spec.):
 MIL-A-3316C (2)-90.....Adhesives, Fire-Resistant, Thermal Insulation

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MIL-A-24179A (1)-87Adhesive, Flexible Unicellular-Plastic	
Thermal Insulation	
MIL-C-19565C (1)-88Coating Compounds, Thermal Insulation, Fire-an	ıd
Water-Resistant, Vapor-Barrier	
MIL-C-20079H-87Cloth, Glass; Tape, Textile Glass; and Thread,	
Glass and Wire-Reinforced Glass	
D. American Society for Testing and Materials (ASTM):	
A167-99(2004)Standard Specification for Stainless and	
Heat-Resisting Chromium-Nickel Steel Plate,	
Sheet, and Strip	
B209-07Standard Specification for Aluminum and	
Aluminum-Alloy Sheet and Plate	
C411-05Standard test method for Hot-Surface	
Performance of High-Temperature Thermal	
Insulation	
C449-07Standard Specification for Mineral Fiber	
Hydraulic-Setting Thermal Insulating and	
Finishing Cement	
C533-09Standard Specification for Calcium Silicate	
Block and Pipe Thermal Insulation	
C534-08Standard Specification for Preformed Flexible	
Elastomeric Cellular Thermal Insulation in	
Sheet and Tubular Form	
C547-07Standard Specification for Mineral Fiber pipe	
Insulation	
C552-07Standard Specification for Cellular Glass	
Thermal Insulation	
C553-08Standard Specification for Mineral Fiber	
Blanket Thermal Insulation for Commercial and	
Industrial Applications	
C585-09Standard Practice for Inner and Outer Diameter	`S
of Rigid Thermal Insulation for Nominal Sizes	
of Pipe and Tubing (NPS System) R (1998)	
C612-10Standard Specification for Mineral Fiber Block	
and Board Thermal Insulation	
C1126-04Standard Specification for Faced or Unfaced	
Rigid Cellular Phenolic Thermal Insulation	

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VII 11	C1136-10Standard Specification for Flexible, Low
	Permeance Vapor Retarders for Thermal
	Insulation
	D1668-97a (2006)Standard Specification for Glass Fabrics (Woven
	and Treated) for Roofing and Waterproofing
	E84-10Standard Test Method for Surface Burning
	Characteristics of Building
	Materials
	E119-09cStandard Test Method for Fire Tests of Building
	Construction and Materials
	E136-09bStandard Test Methods for Behavior of Materials
	in a Vertical Tube Furnace at 750 degrees C
	(1380 F)
E.	National Fire Protection Association (NFPA):
	90A-09Standard for the Installation of Air
	Conditioning and Ventilating Systems
	96-08Standards for Ventilation Control and Fire
	Protection of Commercial Cooking Operations
	101-09Life Safety Code
	251-06Standard methods of Tests of Fire Endurance of
	Building Construction Materials
	255-06Standard Method of tests of Surface Burning
	Characteristics of Building Materials
F.	Underwriters Laboratories, Inc (UL):
	723UL Standard for Safety Test for Surface Burning
	Characteristics of Building Materials with
	Revision of 09/08
G.	Manufacturer's Standardization Society of the Valve and Fitting
	Industry (MSS):
	SP58-2009Pipe Hangers and Supports Materials, Design,
	and Manufacture

PART 2 - PRODUCTS

2.1 MINERAL FIBER OR FIBER GLASS

A. ASTM C612 (Board, Block), Class 1 or 2, density 48 kg/m 3 (3 pcf), k = 0.037 (0.26) at 24 degrees C (75 degrees F), external insulation for temperatures up to 204 degrees C (400 degrees F) with foil scrim (FSK) facing.

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- B. ASTM C553 (Blanket, Flexible) Type I, Class B-5, Density 32 kg/m 3 (2 pcf), k = 0.04 (0.27) at 24 degrees C (75 degrees F), for use at temperatures up to 204 degrees C (400 degrees F) with foil scrim (FSK) facing.
- C. ASTM C547 (Pipe Fitting Insulation and Preformed Pipe Insulation), Class 1, k = 0.037 (0.26) at 24 degrees C (75 degrees F), for use at temperatures up to 230 degrees C (450 degrees F) with an all service vapor retarder jacket with polyvinyl chloride premolded fitting covering.

2.2 MINERAL WOOL OR REFRACTORY FIBER

A. Comply with Standard ASTM C612, Class 3, 450 degrees C (850 degrees F).

2.3 INSULATION FACINGS AND JACKETS

- A. Vapor Retarder, higher strength with low water permeance = 0.02 or less perm rating, Beach puncture 50 units for insulation facing on exposed ductwork, casings and equipment, and for pipe insulation jackets.

 Facings and jackets shall be all service type (ASJ) or PVDC Vapor Retarder jacketing.
- B. ASJ jacket shall be white kraft bonded to 0.025 mm (1 mil) thick aluminum foil, fiberglass reinforced, with pressure sensitive adhesive closure. Comply with ASTM C1136. Beach puncture 50 units, Suitable for painting without sizing. Jackets shall have minimum 40 mm (1-1/2 inch) lap on longitudinal joints and minimum 75 mm (3 inch) butt strip on end joints. Butt strip material shall be same as the jacket. Lap and butt strips shall be self-sealing type with factory-applied pressure sensitive adhesive.
- C. Vapor Retarder medium strength with low water vapor permeance of 0.02 or less perm rating), Beach puncture 25 units: Foil-Scrim-Kraft (FSK) or PVDC vapor retarder jacketing type for concealed ductwork and equipment.
- D. Factory composite materials may be used provided that they have been tested and certified by the manufacturer.
- E. Pipe fitting insulation covering (jackets): Fitting covering shall be premolded to match shape of fitting and shall be polyvinyl chloride (PVC) conforming to Fed Spec L-P-335, composition A, Type II Grade GU, and Type III, minimum thickness 0.7 mm (0.03 inches). Provide color matching vapor retarder pressure sensitive tape.

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2.4 PIPE COVERING PROTECTION SADDLES

A. Warm or hot pipe supports: Premolded pipe insulation (180 degree half-shells) on bottom half of pipe at supports. Material shall be high density Polyisocyanurate (for temperatures up to 149 degrees C [300 degrees F]), cellular glass or calcium silicate. Insulation at supports shall have same thickness as adjacent insulation. Density of Polyisocyanurate insulation shall be a minimum of 48 kg/m³ (3.0 pcf).

2.5 ADHESIVE, MASTIC, CEMENT

- A. Mil. Spec. MIL-A-3316, Class 1: Jacket and lap adhesive and protective finish coating for insulation.
- B. Mil. Spec. MIL-A-3316, Class 2: Adhesive for laps and for adhering insulation to metal surfaces.
- C. Mil. Spec. MIL-C-19565, Type I or Type II: Vapor barrier compound for indoor use
- D. ASTM C449: Mineral fiber hydraulic-setting thermal insulating and finishing cement.
- E. Other: Insulation manufacturers' published recommendations.

2.6 MECHANICAL FASTENERS

- A. Pins, anchors: Welded pins, or metal or nylon anchors with galvanized steel-coated or fiber washer, or clips. Pin diameter shall be as recommended by the insulation manufacturer.
- B. Staples: Outward clinching or galvanized steel.
- C. Bands: 13 mm (0.5 inch) nominal width, brass, galvanized steel, aluminum or stainless steel.

2.7 REINFORCEMENT AND FINISHES

- A. Glass fabric, open weave: ASTM D1668, Type III (resin treated) and Type I (asphalt treated).
- B. Glass fiber fitting tape: Mil. Spec MIL-C-20079, Type II, Class 1.
- C. Corner beads: 50 mm (2 inch) by 50 mm (2 inch), 0.55 mm thick (26 gage) galvanized steel; or, 25 mm (1 inch) by 25 mm (1 inch), 0.47 mm thick (28 gage) aluminum angle adhered to 50 mm (2 inch) by 50 mm (2 inch) Kraft paper.
- D. PVC fitting cover: Fed. Spec L-P-535, Composition A, 11-86 Type II, Grade GU, with Form B Mineral Fiber insert, for media temperature 4 degrees C (40 degrees F) to 121 degrees C (250 degrees F). Below 4 degrees C (40 degrees F) and above 121 degrees C (250 degrees F).

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Provide double layer insert. Provide color matching vapor barrier pressure sensitive tape.

2.8 FIRESTOPPING MATERIAL

Other than pipe and duct insulation, refer to Section 07 84 00 ${\tt FIRESTOPPING}$.

2.9 FLAME AND SMOKE

Unless shown otherwise all assembled systems shall meet flame spread 25 and smoke developed 50 rating as developed under ASTM, NFPA and UL standards and specifications. See paragraph 1.3 "Quality Assurance".

PART 3 - EXECUTION

3.1 GENERAL REQUIREMENTS

- A. Required pressure tests of duct and piping joints and connections shall be completed and the work approved by the Resident Engineer for application of insulation. Surface shall be clean and dry with all foreign materials, such as dirt, oil, loose scale and rust removed.
- B. Except for specific exceptions, insulate entire specified equipment, piping (pipe, fittings, valves, accessories), and duct systems.
 Insulate each pipe and duct individually. Do not use scrap pieces of insulation where a full length section will fit.
- C. Where existing ductwork and piping is installed and new acoustic ceiling tile will be installed, the existing ductwork and piping shall be insulated to match the newly installed ductwork and piping.
- D. Insulation materials shall be installed in a first class manner with smooth and even surfaces, with jackets and facings drawn tight and smoothly cemented down at all laps. Insulation shall be continuous through all sleeves and openings, except at fire dampers and duct heaters (NFPA 90A). Vapor retarders shall be continuous and uninterrupted throughout systems with operating temperature 16 degrees C (60 degrees F) and below. Lap and seal vapor retarder over ends and exposed edges of insulation. Anchors, supports and other metal projections through insulation on cold surfaces shall be insulated and vapor sealed for a minimum length of 150 mm (6 inches).
- E. Install vapor stops at all insulation terminations on either side of valves, pumps and equipment and particularly in straight lengths of pipe insulation.

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- F. Construct insulation on parts of equipment that must be opened periodically for maintenance or repair, so insulation can be removed and replaced without damage.
- G. Insulation on hot piping and equipment shall be terminated square at items not to be insulated, access openings and nameplates. Cover all exposed raw insulation with white sealer.
 - 1. In hot piping: Unions, flexible connectors, control valves, vacuum breakers, thermostatic vent valves, exposed piping through floor for convectors and radiators. Insulate piping to within approximately 75 mm (3 inches) of uninsulated items.
- H. Apply insulation materials subject to the manufacturer's recommended temperature limits. Apply adhesives, mastic and coatings at the manufacturer's recommended minimum coverage.
- I. Elbows, flanges and other fittings shall be insulated with the same material as is used on the pipe straights. The elbow/ fitting insulation shall be field-fabricated, mitered or factory prefabricated to the necessary size and shape to fit on the elbow/fitting. Use of polyurethane spray-foam to fill a PVC elbow jacket is prohibited on cold applications.
- J. Firestop Pipe and Duct insulation:
 - 1. Provide firestopping insulation at fire and smoke barriers through penetrations. Fire stopping insulation shall be UL listed as defines in Section 07 84 00, FIRESTOPPING.
 - 2. Pipe and duct penetrations requiring fire stop insulation including, but not limited to the following:
 - a. Pipe risers through floors
 - b. Pipe or duct chase walls and floors
 - c. Smoke partitions
 - d. Fire partitions
- K. Provide vapor barrier jackets over insulation as follows:
 - 1. All interior piping conveying fluids in high humidity areas.
- L. Provide PVC jackets over insulation as follows:
 - 1. All exposed piping in Wash Down Room #1308C and Storage #1308B. Lap and seal all joints.
 - 2. A 50 mm (2 inch) overlap is required at longitudinal and circumferential joints.

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3.2 INSULATION INSTALLATION

A. Flexible Mineral Fiber Blanket:

- 1. Adhere insulation to metal with 75 mm (3 inch) wide strips of insulation bonding adhesive at 200 mm (8 inches) on center all around duct. Additionally secure insulation to bottom of ducts exceeding 600 mm (24 inches) in width with pins welded or adhered on 450 mm (18 inch) centers. Secure washers on pins. Butt insulation edges and seal joints with laps and butt strips. Staples may be used to assist in securing insulation. Seal all vapor retarder penetrations with mastic. Sagging duct insulation will not be acceptable. Install firestop duct insulation where required.
- 2. Supply air ductwork to be insulated includes main and branch ducts from AHU discharge to room supply outlets, and the bodies of ceiling outlets to prevent condensation.
- 3. Concealed supply air ductwork.
 - a. Above ceilings for other than roof level: 40 mm (1 ½ inch) thick insulation faced with FSK.
- 4. Concealed return air duct:
 - a. Above ceilings for other than roof level: 40 mm (1-1/2 inch) thick, insulation faced with FSK.
- B. Molded Mineral Fiber Pipe and Tubing Covering:
 - 1. Fit insulation to pipe or duct, aligning longitudinal joints. Seal longitudinal joint laps and circumferential butt strips by rubbing hard with a nylon sealing tool to assure a positive seal. Staples may be used to assist in securing insulation. Seal all vapor retarder penetrations on cold piping with a generous application of vapor barrier mastic. Provide inserts and install with metal insulation shields at outside pipe supports. 2. Contractor's options for fitting, flange and valve insulation:
 - a. Insulating and finishing cement for sizes less than 100 mm (4 inches) operating at surface temperature of 16 degrees C (61 degrees F) or more.
 - b. Factory premolded, one piece PVC covers with mineral fiber, (Form B), inserts. Provide two insert layers for pipe temperatures below 4 degrees C (40 degrees F), or above 121 degrees C (250 degrees F). Secure first layer of insulation with twine. Seal

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- c. Factory molded, ASTM C547 or field mitered sections, joined with adhesive or wired in place. For hot piping finish with a smoothing coat of finishing cement. For cold fittings, 16 degrees C (60 degrees F) or less, vapor seal with a layer of glass fitting tape imbedded between two 2 mm (1/16 inch) coats of vapor barrier mastic.
- d. Fitting tape shall extend over the adjacent pipe insulation and overlap on itself at least 50 mm (2 inches).
- 3. Nominal thickness in millimeters and inches specified in the schedule at the end of this section.

3.3 PIPE INSULATION SCHEDULE

Provide insulation for piping systems as scheduled below:

Insulation Thickness Millimeters (Inches)								
		Nominal	Pipe Size	Millimeters	(Inches)			
Operating Temperature Range/Service	Insulation Material	Less than 25 (1)	25 - 32 (1 - 1 ¹ / ₄)	38 - 75 (1½ - 3)	100 (4) and Above			
39-99 degrees C (100-211 degrees F) (LPR, PC, HWH, HWHR, GH and GHR)	Fiberglass	38 (1.5)	38 (1.5)					

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